

COURSE DESCRIPTOR

№	Topic	Total, hours	Lectures, hours	Workshops (seminars) , hours	Labs, hours	Self-study of the material, hours	Individual tasks, hours
full-time course form of study							
Module 1. General reflexology							
1	Definition of reflexology, its role and place in modern medicine	8	0	2	0	6	0
2	The main components of punctual reflexology: place of action, reception and moment of action.	10	0	2	0	8	0
3	Reflex diagnostics. General principles of acupuncture diagnosis.	10	0	2	0	8	0
4	Microacupuncture systems. Combination of acupuncture zones.	10	0	2	0	8	0
5	Principles of reflex anesthesia	10	0	2	0	8	0
Module 2. Special reflexology							
1	General provisions of manual reflexology. Acupressure. Local barotherapy.	10	0	2	0	8	0
2	Superficial multi-needle acupuncture. Thermoreflexotherapy.	10	0	2	0	8	0
3	Electroreflexotherapy: percutaneous electroneurostimulation (PENS). Electromyostimulation. Laser therapy.	10	0	2	0	8	0
4	Myofascial pain syndrome. Manual methods of muscle correction.	10	0	2	0	8	0
5	Final modular control	2	0	2	0	0	0
<i>Total (full-time course form of study)</i>		<i>90</i>	<i>0</i>	<i>20</i>	<i>0</i>	<i>70</i>	<i>0</i>